



INTRODUCTION

Message From Our Manager

Welcome to our Autumn newsletter.

We have enjoyed a lovely few months at Inglewood, with residents taking part in a mixture of live entertainment, exercise, games and social occasions. Our Summer Fayre was a particular highlight, giving residents the chance to spend time with families and visitors while making the most of some beautiful summer weather.

Music continues to be very popular within the home, and we have welcomed some talented performers who have brought familiar songs and something a little different to our entertainment programme. We have also had a very special anniversary to celebrate.

We hope you enjoy catching up on some of our recent news.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

Rani Raju

Rani Raju
Home Manager



RECENT HIGHLIGHT

Summer Fayre

Our Summer Fayre in July gave us the perfect opportunity to make the most of the beautiful weather and enjoy a summer celebration together.

There was a cake stall filled with tempting treats, while our younger visitors had plenty to keep them entertained, including a large inflatable Iron Man bouncy castle.

It was lovely to see different generations spending time together and enjoying the day. Events like our Summer Fayre give residents the chance to welcome family and friends into the home and enjoy a change from the usual routine.

Thank you to everyone who helped organise the fayre, contributed to the day or came along to join us.



ACTIVITIES & EVENTS

Music and Memories

We were delighted to welcome Piano Memories to entertain our residents with a selection of well-known songs from over the years.

The familiar music proved very popular, with residents enjoying listening to songs they recognised and spending time together during the performance. Music can bring back memories and encourage conversation, and it is always lovely to see the response when a familiar tune begins to play.

Live entertainment remains an important part of our activities programme and we look forward to welcoming more performers to the home over the coming months.



An Afternoon with Adam

We also welcomed Adam, a talented violinist, who treated residents to a live performance.

The violin brought a very different sound to the home and residents thoroughly enjoyed listening to Adam play. Having a variety of visiting performers means we can offer different styles of music and entertainment, giving residents plenty of choice throughout the year.

Adam's visit was very well received and we hope to enjoy more live music again soon.



Keeping Fit and Having Fun

Residents have been keeping active with our Exercise for All sessions, where we combine gentle movement with games to make exercise enjoyable and accessible.

Rather than exercise feeling like a chore, we try to make the sessions sociable and fun, with residents encouraged to take part at a level that is comfortable for them.

Regular movement can help with mobility, coordination and confidence, while taking part as a group provides plenty of encouragement and conversation along the way.



A Game of Hoopla

Sometimes the simplest games are some of the most enjoyable, and residents have been putting their aim to the test with games of hoopla.

Hoopla is a great activity for residents to enjoy together, combining gentle movement and hand-eye coordination with a little friendly competition. It can be adapted to suit different abilities, making it easy for everyone who wants to have a go to get involved.

There is always plenty of encouragement from fellow residents, particularly when someone manages a particularly good throw!



Celebrating 35 Years Together

We had a very special occasion to celebrate recently as Michael and Jean marked their 35th wedding anniversary.

Reaching 35 years of marriage is a wonderful milestone and we were pleased to help them recognise their special day at Inglewood.

Celebrations like this are an important part of making the home feel like home. Birthdays, anniversaries and other personal milestones give us the opportunity to recognise the people behind the care we provide and celebrate the moments that matter to them.

Congratulations to Michael and Jean on 35 years of marriage, with our very best wishes to you both.



COMING UP

Looking Ahead...

As we move further into autumn, we will continue to offer residents a varied programme of activities, entertainment and opportunities to spend time together.

Live music, games, gentle exercise and social activities will continue to form part of life at Inglewood, alongside celebrations and activities shaped around residents' individual interests.

With Christmas also getting a little closer, there will soon be plenty of seasonal activities to look forward to. We look forward to sharing more of our news with you in our next newsletter.

EXTERNAL LINKS

Social Media

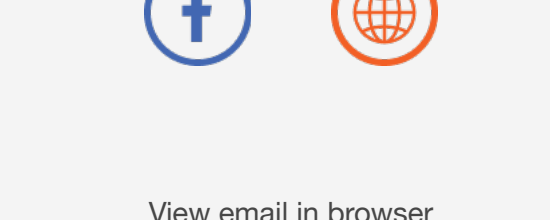
Make sure to check out the Inglewood Nursing Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

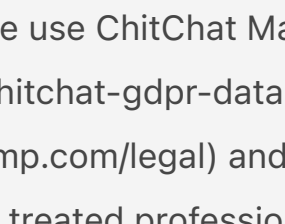
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[Carehome.co.uk & Google Reviews](#)



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